



# FINELY CURATED travel recommendations

Who hasn't experienced it: the great anticipation when the tour is decided, followed by the small challenge when it comes to planning the details. Where should I stop for the best view, where to make a refreshing swim stop? Where to find the fluffiest dumplings, the finest wine? But also: What else should you have seen – in terms of cultural offerings, excursion destinations & Co? And, of course: which cycling-friendly hosts are worth staying at? Answers to all these questions are provided by our finely curated travel recommendations along the most beautiful cycle routes and action trails in Lower Austria.

They can be found on the map on the right with the following symbol and on the website from the middle of April 2023.

Further information can be found at [www.lower-austria.info/bicycling](http://www.lower-austria.info/bicycling)



## Mountain bike

### Centres & Trails

All information and more details about the mountain bike centres and trails, the current MTB and MTB trekking routes as well as the Biker Fair Play can be found at: [www.lower-austria.info/mountainbiking](http://www.lower-austria.info/mountainbiking)

- ▷ Trail Center Wexl Trails [www.wienelaportal.at/wextrails](http://www.wienelaportal.at/wextrails)
- ▷ Mini-Bikepark St. Corona [www.wienelaportal.at/wextrails](http://www.wienelaportal.at/wextrails)
- ▷ Bikepark Semmering [www.wienelaportal.at/bikepark-semmering](http://www.wienelaportal.at/bikepark-semmering)
- ▷ Bikepark Königsberg [www.mostviertel.at/mountainbike/a-bikepark-koenigsberg](http://www.mostviertel.at/mountainbike/a-bikepark-koenigsberg)
- ▷ Mini-Bikepark Annaberg [www.mostviertel.at/mountainbike/a-mini-bikepark-annaberg](http://www.mostviertel.at/mountainbike/a-mini-bikepark-annaberg)
- ▷ MTB Area Wienerwald Nord [www.wienerwald.info/mountainbike-area-wienerwald-nord](http://www.wienerwald.info/mountainbike-area-wienerwald-nord)
- ▷ Trailpark Weidlingbach [www.wienerwald.info/mountainbike-trailpark-weidlingbach](http://www.wienerwald.info/mountainbike-trailpark-weidlingbach)
- ▷ Trailcenter Wien [www.wienerwald.info/trailcenter-hohe-wand-wiese](http://www.wienerwald.info/trailcenter-hohe-wand-wiese)
- ▷ MTB Area Anninger [www.wienerwald.info/mountainbike-area-anninger](http://www.wienerwald.info/mountainbike-area-anninger)
- ▷ Trailarea Göttweig [www.trailwerk.at](http://www.trailwerk.at)
- ▷ Granittrail [www.waldviertel.at/granittrail](http://www.waldviertel.at/granittrail)

## Gravel bike

Be it on asphalt, forest roads, gravel roads or unpaved paths – gravel biking in Lower Austria offers the ideal combination of nature experience, riding fun and freedom.

All information and details about gravel biking in Lower Austria can be found at: [www.lower-austria.info/gravel-bike](http://www.lower-austria.info/gravel-bike)

- ▷ Zwettl – Schweiggers length 46,15km, climbing 473 m, duration 4:30 h
- ▷ Langenlois – Gföhl length 44,08 km, climbing 622 m, duration 4:30 h
- ▷ Leiser Berge Tour length 44,51 km, climbing 513 m, duration 4:10 h
- ▷ Nationalpark Thayatal Tour length 47,15 km, climbing 649 m, dur. 4:40 h
- ▷ St. Pölten – Marizell length 146,73 km, climbing 4,074 m, dur. 10:00 h
- ▷ Wine and the City length 65,39 km, climbing 487 m, duration 4:00 h
- ▷ From nature to culture length 55,95 km, climbing 970 m, duration 4:00 h
- ▷ Ötscherland Tour length 83,43 km, climbing 1,187 m, duration 5:30 h
- ▷ Krems – Marizell length 190,39 km, climbing 4,651 m, duration 11:00 h
- ▷ Laabental Tour length 52 km, climbing 670 m, duration 5:30 h
- ▷ Mauerbach Tour length 45,56 km, climbing 583 m, duration 4:00 h
- ▷ Kosterneuburg Tour length 53,53 km, climbing 615 m, duration 3:20 h
- ▷ Kosterneuburg – Marizell length 186 km, climbing 3,462 m, dur. 11:00 h
- ▷ Wien – Marizell length 141 km, climbing 2,482 m, duration 10:00 h
- ▷ From Buckl to the castle: Krumbach – Wr. Neustadt length 75,61 km, climbing 791 m, duration 5:35 h
- ▷ From Buckl to the castle: Wr. Neustadt – Krumbach length 50,09 km, climbing 957 m, duration 4:00 h

Note The Gravel tours are not specifically signposted, but are available as gpx files on our website. We recommend using the Lower Austria app!

Find the survey here: [www.niederoesterreich.at/befragung](http://www.niederoesterreich.at/befragung)

## HOLIDAY COUNTRY AUSTRIA Provide feedback and win!



# LOWER AUSTRIA'S CYCLING adventure tours

In addition to the top cycling routes, Lower Austria also has a wide range of regional excursion cycling trails. Together with our experts, we put these routes through their paces, and the best ones in terms of quality, safety and experience are awarded the title "RAD-Erlebnisrouten" (cycling adventure routes). Nine of these new BIKE adventure routes invite you to explore the most beautiful places in Lower Austria by bike from spring 2023 onwards.

For further information please visit: [www.lower-austria.info/cycling-adventure-tours](http://www.lower-austria.info/cycling-adventure-tours)

### 5 Marchfeldkanal cycling trail

Starting in Langenzersdorf, the route is a gentle climb away from motorised traffic along the Marchfeld canal and the Russbach stream through the wide plains of the Marchfeld, Austria's granary – vegetable basket – a stop at an Alm-Hof shop is well worth it. The tour ends at the picturesque Hof Castle, one of the five Marchfeld castles. Level of difficulty easy, length 61,8 km, duration 4:50 h Start Langenzersdorf, finish Schloss Hof, elevation ▲ 69 m Public transport ÖBB – Schnellbahn (S4) to Langenzersdorf, return via Marchegg or Bad Deutsch-Altenburg

### 6 Roman Tour

Family-friendly cycle tour, from the medieval town of Bruck an der Leitha, which is well worth seeing, past Haydn's birthplace and Rohrau Castle to the top excursion destination of the Roman town of Carnuntum. Come through cellar alleys and vineyards in the heart of the Carnuntum wine-growing region to the wine-growing villages of Höflein and Göttlesbrunn and back again. Level of difficulty easy, length 36,1 km, duration 2:30 h Start/Holnau, finish Gmünd, elevation ▲ 229 m, ▼ 563 m Public transport ÖBB ab/bis Gmünd

### 7 Monasteries-Emperors-Artists Tour

The Monasteries-Emperors-Artists Tour is a very special cycling tour. Along the route, there are numerous contemporary witnesses and excursion destinations, such as the Roman thermal baths in Baden, Heiligenkreuz Abbey, Sparbach Nature Park or Luxenburg Palace Park. In order to allow enough time for everything, we recommend doing the tour in two days. Note The tour path leads over forest roads and forest paths. We therefore recommend a trekking bike or a trekking e-bike! Schwierigkeit medium, Length 52,1 km, duration 5:30 h Start/Melk, finish Loich (Ortsteil: Dobersberg), elevation ▲ 190 m Public transport ÖBB to Melk on the Danube; return with Mariazeller-bahn e.g. from Loich

### 8 Helenental cycling trail

The Helenental cycling trail begins in the spa town of Baden (connection to EuroVelo 9), first leads along the vineyards, then directly along the Schwatze river through the romantic Helenental valley, continuing on the Abby cycling trail directly to Heiligenkreuz Abbey. Note Between Herzogenburg and Hollenburg the route is signposted as the "WEINBERGWEG" (vineyard path); from Hollenburg, you cycle downstream along the Danube cycling trail and in Traismauer change to the Traisenal cycling trail back to Herzogenburg. Level of difficulty easy, length 12,4 km, duration 0:50 h Start Baden, finish Herzogenburg, elevation ▲ 82, ▼ 3 m Public transport ÖBB from/to Herzogenburg

### 9 Feistritztal cycling trail

The Feistritztal cycling trail is a small but beautiful cycle path in the Vienna Alps. From EuroVelo 9 near Aspang, the cycling trail is flat with two small intermediate climbs leads through Feistritz and Kirchberg to Ottenthal until just before Trattenbach, where the philosopher Ludwig Wittgenstein worked as an elementary school teacher. Level of difficulty easy, length 15,9 km, duration 1:10 h Start Neulengbach, finish Brand-Laaben, elevation ▲ 148 m, ▼ 5 m Public transport ÖBB from/to Neulengbach

### 10 Röhren Tour

A leisurely, family-friendly cycle tour through the beautiful landscape of the Elsbeere-Wienerwald region. Mostly along the Laabental stream, waching the babbling of the water, it leads through meadow orchards and the Wienerwald forest towards Brand-Laaben. Level of difficulty easy, length 16 km, duration 1:30 h Start Neulengbach, finish Brand-Laaben, elevation ▲ 337 m, ▼ 5 m Public transport ÖBB from/to Aspang

### 11 To the beach of the Pielach

On the right the Marizell railway, on the left the Pielach and in between many playgrounds and bathing areas: This is what makes cycling really fun! Length 11 km, recommended for children aged 6 and over

### 12 Up the Leitha

Cycling along rivers like the Leitha is a great idea! There are hardly any gradients and you will find river banks that invite you to cool off, explore and play. Length 15,6 km, recommended for children aged 10 and over

### 13 Fabulous Myra Falls

The Piestingtal valley could be home to dwarves and water nymphs, it's so romantic there. Cyclists will be enchanted in many places. Length 4/6/9 km (diff. routes), recommended for children aged 8 and over

### 14 Fabulous Bird Life on the Gölsen

On the trail of native bird species, young and old explorers can follow the Gölsen Valley Cycle Path. Length 3,5/6,2/9,5 km (different routes), recommended for children aged 6 and over

### 15 Bertha Berry Railway

On the trail of taste: fruity wild fruit awaits those with a sweet tooth on this car-free section of the Thaya round! Length 12 km, recommended for children aged 6 and over

### 16 Vicki WaThaWa

Fun and action, such as rafting and archery, await at this section of the Thaya round. Length 25 km, recommended for children aged 6 and over

## Cycling for kids

16 routes in detail

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- ▷ 11 To the beach of the Pielach
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### 5 Cycling in the Wachau

The fun ferry ride across the Danube and then from playground to playground and sand bay to sand bay. Length 25 km, recommended for children aged 6 and over

### 6 The Danube is a lake!

The fascinating Danube Lake and the leisure complex in Luberegg offer plenty of entertainment during this exciting cycling tour. Length 8 km, recommended for children aged 6 and over

### 7 Juicy sweet bike tour

Delicious grape juice, idyllic winegrowing villages and refreshing lidos make this tour worth cycling. Length 19 km, recommended for children aged 10 and over

### 8 On a journey of discovery

The route leads along the Traisen River to varied attractions, which you can see from a fish's, frog's and bird's eye view. Length 5,5 km, recommended for children aged 6 and over

### 9 Amazing tunnel tour

On the former railway line you cycle away from road traffic, but through three tunnels. Length 9 km, recommended for children aged 6 and over

### 10 Let's go and join the camels!

A cycling tour that also appeals to adults with its abundance of great playgrounds, sights and rest stops. Length 15 km, recommended for children aged 6 and over

For further information please visit: [www.lower-austria.info/cycling-for-kids](http://www.lower-austria.info/cycling-for-kids)

